



Brett Mabberley *High-Performance Coach And Author Of New Levels, New Devils*

Brett Mabberley is the author of *New Levels, New Devils* and sought-after high-performance coach, trusted by some of the world's most successful individuals across business, entertainment, and elite sports to unlock their full potential and reach new levels of success.

His journey into high performance was anything but conventional. Originally an electrician, he made a bold shift in his mid 20s to change career and study psychology. Over the past 22 years, he has worked in high-pressure environments—from prisons and law enforcement to boardrooms, global sports arenas and movie sets mastering the psychology of success along the way.

Through his exclusive 1:1 coaching and Inner Circle membership, Brett works with Hollywood actors, world champion athletes, Fortune 500 CEOs, entrepreneurs, industry leaders and ambitious people ready for their next level.

Known for his down-to-earth style and transformative results, Brett delivers real-world strategies that create lasting change and is the go-to coach for those who refuse to settle for anything less than their best.

INTERVIEW TOPICS

REWired TO SUCCESS
From Electrician To Coach



BECOME YOUR OWN COACH
How To Develop A 1% Mindset.



NEW LEVELS, NEW DEVILS
How To Turn Self-doubt Into Self Confidence



THE SUCCESSFUL COACH BLUEPRINT
How To Build A Successful Practice



- » **SPECIFIC TOPIC TITLES CAN BE CUSTOMISED TO YOUR AUDIENCE**
- » **SUGGESTED QUESTIONS TO ASK BRETT AVAILABLE ON REQUEST**

INTERVIEW SUMMARY

Brett talks about how he went from thinking about driving into a lorry as he hated running his own electrical business to pursuing a career in psychology, working with some of the most successful people in the world.

Brett breaks down why self-coaching is the key to success, how to challenge your own excuses, and why mastering this skill separates high achievers from the rest. Because while a great coach can take you further, if you can't coach yourself, you'll never get there.

In his highly anticipated book, *New Levels, New Devils*, Brett unpacks the hidden battle of self-doubt that high achievers face and delivers real-world strategies to silence it for good.

Brett draws from over two decades of experience, failures, pivots and successes in building a profitable coaching business and shares the 5 shifts that he made that have been critical to his success.